words and music by Joel Justin Crash

Well I drink way too much alcohol and I smoke a great deal of dope and I eat what the doc told me not to but it's the only way I can cope

I think of myself as a bandit but I'm really a very nice guy but the one I loved most up and left me and now all I want is to die

why oh why can't I get back on the track and why oh why did I think that this change wouldn't last and why oh why did I think that this was all in my past well there's no use looking back I think I'm gonna crash

you feel for my ache and my anger and you feel that I am a good man and to watch me die is certainly no pleasure but I'll do what I will while I can

I think of myself as I martyr and I think I've done the world some good but the truth is I'm really a disaster and I'd change who I am if I could

why oh why can't I get back on the track and why oh why did I think that this change wouldn't last and why oh why did I think that this was all in my past well there's no use looking back I think I'm gonna crash

why oh why can't I get back on that track and why oh why did I think that this change wouldn't last and why oh why did I think that this was all in my past well there's no use looking back I think I'm gonna crash crash.